

Losing Your Shirt



Recovery for Compulsive Gamblers
and Their Families

MARY HEINEMAN

SECOND EDITION

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Losing Your Shirt Recovery For Compulsive Gamblers And Their Families 2nd Edition

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Losing Your Shirt Recovery For Compulsive Gamblers And Their Families 2nd Edition:

Losing Your Shirt Mary Heineman,1994 An experienced counselor clearly describes the progression of compulsive gambling as it affects the gambling addict and the spouse Through poignant personal stories Heineman explains how Twelve Step recovery applies to both gamblers and their spouses and stresses the need for therapy in some cases All Bets Are Off Arnie Wexler,2014-12-15 Arnie Wexler s compulsive gambling spiraled out of control after forty plus years in recovery he s become a nationally known expert on gambling addiction Wexler s life as a gambler began on the streets of Brooklyn New York flipping cards shooting marbles and playing pinball machines At age fourteen he found the racetrack a bookie and started playing the stock market His obsession with gambling accelerated until a fateful day in 1968 when it all came crashing down Wexler s gripping narrative leads us through the dungeon of a compulsive gambler s world chasing the big win and coming up with empty pockets and how his addiction drove him and his wife Sheila to the edge of life With help they managed to escape and together they have devoted themselves to helping others with the problem they know so well All Bets Are Off provides a revealing picture of how the often hidden addiction of compulsive gambling ravages the lives of both the addict and those around him or her It is a brutal cautionary tale and also an inspiring story of hope and healing for anyone affected by problem gambling **Behind the 8-Ball** Linda Berman M S W,Mary-Ellen Siegel M S W,2012-02 Is someone you care about gambling your life away You don t have to be a gambler yourself to suffer from the often disastrous effects of excessive gambling Behind the 8 Ball is the must have guide to reclaiming your financial legal and emotional freedom Spouses parents siblings children friends and coworkers of the gambler will learn how to Understand why some people lose control of their gambling Recognize the compulsive gambler and realistically assess the financial and emotional damage he or she is causing you and others Accept that you can t control someone else s gambling Encourage the gambler to seek help Recover from being involved with a gambler For anyone who is or has ever been involved with someone who gambles too much this supportive informative volume delivers all the tools and motivation you need to rebuild your life This book is essential for gamblers families friends and professionals who need to know more about the personalities of gamblers It is a precise updated and accurate look at how gambling affects families Timothy W Fong MD co director UCLA Gambling Studies Program This book remains as important today as ever and has remained the standard reference for family members of gamblers Keith Whyte executive director National Council on Problem Gambling Behind the 8-Ball Linda Berman MSW LCSW,Mary-Ellen Sigel MSW LCSW,2012-02-16 Is someone you care about gambling your life away You don t have to be a gambler yourself to suffer from the often disastrous effects of excessive gambling Behind the 8 Ball is the must have guide to reclaiming your financial legal and emotional freedom Spouses parents siblings children friends and coworkers of the gambler will learn how to Understand why some people lose control of their gambling Recognize the compulsive gambler and realistically assess the financial and emotional damage he or she is causing you and others Accept that you can t control

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