



## SIDE ON

Ask your model to stand side-on and place her weight on the back foot so as to slim down the body and emphasise the curves.  
Top tip: Side on is the slimmest view of the body



## CROUCHING TIGER

Get your model to stand straight on, one hand on knee, one hand on hip, then lean forwards.  
Top tip: Be aware of low-cut tops or dresses getting scrunched up



## CROSS THE LEGS

Cross front leg over so the toes just touch ground. Dig one shoulder and hold arms away from the sides.  
Top tip: Crossed legs slim the body while holding clothing out create more attractive shapes



## STEPPING OUT

Walk from one side to the other while emphasising hip and hair movement, and relaxing the arms.  
Top tip: Ask the subject to walk in slow-motion to make focusing is easier



## HANDS UP

Raise both arms, one higher than the other, and bend the front leg to make an asymmetrical shape.  
Top tip: Our eyes view images from the top-left to bottom-right, so pose accordingly



## LOOKING DOWN

Turn the body side-on, place the weight on one side then look down to the opposite side. A half-smile adds to the thoughtful mood.  
Top tip: You don't always need eye contact



## OVER THE SHOULDER

Stand sideways or facing away from you, then look back across the shoulder for direct eye contact.  
Top tip: Long hair hanging down helps to add to the intimacy of this coy pose



## TRIANGLES

Stand on one leg and bring the other foot up to the shin, bend the arms and use the hair to make triangular shapes in the body.  
Top tip: Knees apart can work well sometimes



## JUMP UP!

Jump straight up as high as possible, bend the legs and make an interesting shape with the arms.  
Top tip: Watch out for dodgy expressions or hair getting in front of faces when jumping

# Guide To Posing The Female Model

**Jin-Ying Zhang**



## **Guide To Posing The Female Model:**

## Unveiling the Power of Verbal Art: An Mental Sojourn through **Guide To Posing The Female Model**

In some sort of inundated with screens and the cacophony of instantaneous communication, the profound energy and psychological resonance of verbal art often disappear in to obscurity, eclipsed by the continuous onslaught of sound and distractions. Yet, set within the musical pages of **Guide To Posing The Female Model**, a captivating perform of literary splendor that pulses with raw feelings, lies an wonderful trip waiting to be embarked upon. Composed by a virtuoso wordsmith, this mesmerizing opus guides viewers on a psychological odyssey, lightly revealing the latent possible and profound influence embedded within the delicate internet of language. Within the heart-wrenching expanse of this evocative evaluation, we shall embark upon an introspective exploration of the book is central themes, dissect their interesting publishing fashion, and immerse ourselves in the indelible effect it leaves upon the depths of readers souls.

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